CLEAR LAKE SPACE RAIDERS, ROCKETTES & SATELLITES YOUTH FOOTBALL, CHEER & DRILL PARENT HANDBOOK

2017





Welcome to The Space Raiders

The board members of Clear Lake Space Raiders, Rockettes and Satellites Youth Organization welcome you to the Space Raiders Nation. Our board continues to strengthen and make efforts to grow our program. Even with the strength of the Board of Directors, our program is not possible without parents like you stepping up to volunteer and placing their confidence in the success of our organization and in your children.

Thank you for trusting us with your your children. We are committed to providing a safe, fun and family oriented environment in which your child will have the opportunity to meet new friends, build confidence and learn the skills not only to become a successful athlete, but more importantly a productive member in the community.

A safe, enjoyable and rewarding experience for your child is our number one goal. Your presence at practices & games along with your positive support and encouragement will help your child meet new challenges. Our coaches teach the skills, but the motivation must come from the athletes. Your involvement on the parental level and your positive attitude will serve as a great example for your child to emulate.

As a parent, please try to attend as many practices as you can. Please do not be offended if the coaches ask you to keep a certain distance from the practice area for safety reasons and to ensure that the athletes pay attention to the coaches.

By attending practice, you will meet other families and become better acquainted with the coaches and the Board of Directors who will answer any question that you may have. Most parents of returning athletes would love to share their experiences and give you a real sense of what to expect.

Once again, welcome and thank you for choosing Clear Lake Space Raiders, Rockettes & Satellites! Lets' make this a great year!!

TOGETHER WE WILL HAVE A WINNING SEASON

We consider our season a success when:

- All of our athletes had FUN
- All of our athletes
 furthered their skill
 level in either
 football or
 cheerleading/
 dance
- All of our athletes
 <u>achieved academic</u>
 excellence during
 the season
- All of our athletes developed discipline, teamwork, compassion, persistence, and self esteem
- All of our parents enjoyed watching their athletes and had a good time participating in the Raiders program
- Everyone, both adults and athletes alike, conducted themselves with sportsmanlike behavior both on and off the field

BOARD OF DIRECTORS

It is both an honor and privilege to have your child(ren) join us on an amazing adventure of Self-growth. As our year gets under way we would like to take a moment to share with you what being a Space Raider means. We pride ourselves on having the ability to demonstrate discipline, determination and sacrifice. We are extremely proud of our diverse makeup and embrace what each athlete and parent can bring to our Space Raider family to make us even better.

As with any family there is work to be done. We are looking forward to getting a chance to work one on one with each of you when you work the concession or field assignments. A lot of our board members came from meeting each other in those same places and seeing what fun the group can have. Our board is a group of hard working volunteers who are always looking for individuals who can add a positive, supportive hand.

Now that our teams are coming into place we are excited that you have chosen to grow and to improve with us. So get ready........... "NO EXCUSES GET IT DONE"

Athletic Director	Luke Mazur	Lukemaz2000@yahoo.com	
Asst. Athletic Director	Brad Goodale	Brad.goodale@cbn.com	
Asst. Athletic Director	Dawn Getteau	Dawn.getteau@united.com	
President	Candace Foster	Cfoster1119@yahoo.com	
Vice-President	Thurston Johnson	Thscoach2011@icloud.com	
Secretary	Robin Dressendorfer	Arcservices13@gmail.com	
Concession Director	Brenda Mazur	Bmazur32@yahoo.com	
Drill Director	Shari Sweeney	shari@clearlakearea.com	
Cheer Director	Deeann Duckworth	cheerrockettes@aol.com	
Treasurer	TBD		
Equipment Director	Alan Griffin	Alan.griffin@tbjonesllc.com	
Fundraising Director	TBD		
Special Events Director	TBD		
Technical Manager	Eric Minyard	Ericsm71@hotmail.com	



LUKE MAZUR
ATHLETIC DIRECTOR



CANDACE FOSTER
PRESIDENT



DAWN GETTEAU
Asst. Athletic Director



THURSTON JOHNSON
Vice-President



BRAD GOODALE
Asst. Athletic Director



ROBIN DRESSENDORFER
Secretary



BRENDA MAZUR

Concession Director



Technical Director



CHAPLIN
Senior Pastor
Clear Lake Bible Church



ALAN GRIFFIN
Equipment Director



Success depends on volunteers

The football and cheer programs are completely dependent upon parent volunteers to make each week run smoothly. You are the key to success. At equipment handout, each Raiders/Rockettes/ Satellites family will be asked to sign up for assorted volunteer opportunities. It takes a network of volunteers each game to have it run smoothly.

In order to ensure a 2017 season with full parent participation, The Board of Directors will implement the following strategy:

Sign-up

- *All parents/guardians (ages 18 and older) will be required to complete a minimum of 4 hours of volunteer assignments.
- *All parents/guardians will be given their first opportunity to sign up for their preferred volunteer assignments at equipment pick up day. Sign-ups will continue during the first week of practice. If you do not sign up by end of the second week of practice, your name will be filled in where needed and you will be notified by the end of the third week and expected to fill that obligation.

Game Day Duties /Below is a brief summary of volunteer opportunities:

Positions Summary

Concessions

At Home Games, work the concession stand during a Game other than your child is playing. (NEED 3-4 parents each game) You do not need to go in the concession while your child is playing, All players come an hour prior to their scheduled game. Parent volunteers will be working the concession For the team playing right prior to your child.

Grilling Burgers/hotdogs

Will need a parent at all times to be available to work the grill. This schedule should follow the same as concession. A volunteer will schedule to work the grill for the game prior to your child's game.

THIS IS ONLY FOR HOME GAMES

Field Set up And Teardown

(Need as many parents as possible) The home team that plays the first game is responsible for setting up the field and the home team with the last game of the day is responsible for putting the field equipment back in the equipment trailer. The field equipment must be stored properly to ease the process for the next game. You do not need extensive football experience to help set up the field as there will be plenty of coaches/parents who can give support.

CHAIN GANG

Front row seat on the sidelines to move the post/chains as play moves on the field (not allowed to yell or interfere with play or calls while on this task) 2 people home game, 1 person away games

Game Day Waterboy/girl (15y/o & under)

Filling bottles and having them ready at every game.(home & Away) and carrying the bottles on the field as needed between plays

Water at Practice

SAME AS ABOVE, Except No Parents Allowed
On practice field during practice. The coaches will
Give water to the players.

VERY IMPORTANT TO BE EARLY TO PRACTICE
PLAYERS NEED HYDRATION FROM THE START OF PRACTICE

50/50 Raffle

2 people needed at HOME GAMES only

50/50 Raffle con't

Games to approach families to participate in a 50/50 drawing

prior to your childs game

Stadium Clean Up
TRASH DAY

We have 5 Home games a season each team will pick 1 of the 5 games

to assure all trash is picked up after the last game.

Water/Snack
Game Duty

A parent/guardian will bring water for

half-time and drinks/snacks for after the game

Team Mom

Each team needs a parent that can commit to helping throughout the entire season. Will need to communicate to parents on your team schedule updates, announcements and other information allowing the coaches to focus on the kids.

Coaching

Football coaching positions are open and much needed in order to grow and increase our competiveness against other teams in the league.

Space Raider

Parent/Coaches Relations

Whether it's a first meeting or a re-acquaintance, these interactions between coaches and parents are a vital tool in building and fostering a positive and rewarding sports environment for our children. As you head to these meetings, whether you're the coach or the parent, consider taking a <u>responsible sports</u> approach to help build a strong foundation for a winning season.

A Positive Approach

We as coaches want to champion a <u>responsible sports</u> environment for our kids playing sports. Having positive parents involved with positive coaches creates positive outcomes both on and off the field.

If you're interested in fostering a <u>positive relationship with your son or daughter coach this season</u>, consider:

- Recognize the Coach's Commitment: Coaches log many hours of preparation beyond the time spent at practices and games. And you'd better believe they're not in it for the money (in many cases, coaches are working without any pay). Try to remember this whenever anything goes awry during the season.
- Make Early, Positive Contact: As soon as you learn who your child's coach is going to be, introduce yourself, let him or her know you want to help your child enjoy the best possible experience, and offer to assist the coach in any way you're qualified. Meeting the coach early and establishing a positive relationship will make conversation easier if a problem arises during the season.
- Fill the Coach's Emotional Tank: When coaches are doing something you like, let them know
 about it. Coaching is a stressful job, and many coaches only hear from parents when they decide to
 voice a complaint. A coach with a full emotional tank will always do a better job.
- Don't Instruct During a Game or Practice: Your child is trying to concentrate amid the chaotic, fast-moving action of a game, as well as do what the coach asks of him or her. A parent yelling out instructions hardly ever helps. More often than not, it confuses the child, adds pressure and goes against the coaches' instruction, which undermines the player-coach relationship, the player-parent relationship and the parent-coach relationship.
- Observe a "Cooling Off" Period: Wait to talk to the coach about something you are upset about for at least 24 hours. Emotions can get so hot, that it's often better and more productive to wait a day before contacting the coach. This also gives you time to consider exactly what to say to the coach, and how to say it.

Addressing Issues

The relationship between coaches, parents and athletes are like any other relationship: they have their ups and downs. And there are situations that you or youth athlete need to address with the coach. How you address the issue is just as important as resolving the issue itself. Practice a responsible sports approach even as you address these issues.

Empowering Your Child to Speak

Before you as the parent intervene, make sure you've asked yourself, "Is this something that my child should do for his or herself?"

There are several advantages to having your children, rather than you, speak directly to the coach. Many coaches are more open to suggestions from players than from parents. The biggest plus here is that this can be an empowering experience for children, even if they don't get the result they seek.

Summoning the courage to talk to the coach can be a great life lesson. Your children may gain important experiences about dealing with people above them in the power structure, at school or in future jobs, by discussing their issue with the coach on their own.

When You, the Parent, Need to Intervene

We hope that you don't find yourself in a situation where you, as a responsible sport parent, need to intervene. But youth football has no place for a coach who verbally or physically intimidates his athletes. You would never allow a teacher to bully or humiliate a student, and you can't allow it from a coach.

Unless your children are too young to understand what's going on, talk with them before intervening. If a child is against the idea, but you believe the situation demands that you intervene, tell your child something along the lines of, "I understand that you don't want me to talk to your coach, but I believe that this is so important that I must do it."

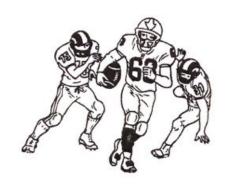
How to Approach the Coach

If you're angry about the situation, it's best to gain control of yourself and make sure you know exactly what you want and need to say. Use a 'cooling off' period to collect your thoughts.

Pick a time and place where only the coach can hear you – not during a game or practice, and not where you might be overheard, which could make the coach more defensive. You may need to write and even rehearse what you want to say until it sounds just the way you want it too.

Be prepared to support your assertions with specific examples. Then listen carefully to what the coach says in return. If the results are unsatisfactory, you may need to go higher up in the organization (Head Coach then the Athletic Director, and you should be open with the coach that this is your planned next step. Again, be clear about what you want to say when you meet the head coach, athletic director, or league president.

Even though intervening feels uncomfortable, remember that you are not just standing up for your child, but also for all of the other children that play on the team, or who might play for this coach in future seasons. Given certain situations, it's simply the right – and mature, adult – thing to do.



LOCATION OF PRACTICES: Clear Lake Bible Church
622 El Dorado Blvd.,
Houston, Texas 77062

PRACTICE TIMES

Monday 07/31-08/19, 2017

We will have practice 6 days a week for 3 weeks.

Monday - Friday

6:30-8:00 P.M.

Saturday

9:00-10:30 A.M.

After the first 3 weeks of practice we will start practices 3 days a week Monday, Tuesday, & Thursday from 6:30-8:00 These times will adjust to day light savings later in the season.

Game Schedule is on following page.

REMINDER....

Your team parent will also be speaking to each of you during the first Weeks' of practice to fill in the volunteer opportunities. Be sure to claim your spot early before they fill and you are filled in by the board.

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Parents' Code of Ethics

I hereby pledge to provide positive support, care, and encouragement for my child participating in youth sports by following this Parents' Code of Ethics Pledge:

I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice or other youth sports event.

I will place the emotional and physical wellbeing of my child ahead of my personal desire to win.

I will insist that my child play in a safe and healthy environment.

I will require that my child's coach be trained in the responsibilities of being a youth sports coach and that the coach upholds the Coaches' Code of Ethics.

I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.

I will demand a sports environment for my child that is free from drugs, tobacco and alcohol and will refrain from their use at all youth sports events.

I will remember that the game is for youth-not adults.

I will do my very best to make youth sports fun for my child.

I will ask my child to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.

I will implement and enforce the national standards for youth sports.

I promise to keep informed about current issues involving youth sports programs.

All coaches, volunteers, parents, players, and individual booster clubs may exercise their rights as a United States citizen and utilize the court system for their complaints after they have exhausted their appeal processes laid out by TIFI. However, if they chose to do so, they must relinquish their membership and coaching opportunities until the case is complete. Membership and coaching applications can only be reinstated by a 4/5 vote of the entire conference, not just those present.

Parent Signature	Parent Signa	nture	Date	
Booster Club Name	Pl	ayer/Drill	Member	Name

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Booster Club Name	Player/Dr	ill Member Name